



Hong Kong College of Education and Research in Nursing

Newsletter October 2013

Address: LG1, School of Nursing, Princess Margaret Hospital, Lai King Hill Road, Lai Chi Kok, Kowloon

Website: <http://www.hkan.hk>

President's message

Don't go through life, grow through life

“Don't go through life, grow through life.” This is a statement I have borrowed from Eric Butterworth, a Canadian educator. Education and nursing share a common goal, that is, to grow in life. While education concerns about nurturing people, nursing involves building health. As you are being an educator, you are not necessary to be a nurse. However, if you are a nurse, you are very likely to act as an educator because health education is an integral part of nursing practice that empowers people to prevent illness and attain optimal health.

Theoretically speaking, every nurse should be an educator. Then, you may ask about what ‘education’ involves. Education encompasses the essence of growth, attributing changes for the better. The relationship between teaching and learning can be posited in various ways. For instance, there are four situations as follows:



| | A | B | C | D |
|----------|---|---|---|---|
| Teaching | X | √ | √ | X |
| Learning | X | √ | X | √ |

Which situation do you think is the least preferred one? And, which is most desirable one? We can contextualize the teaching and learning interactions in a clinical or classroom situation, whereas the nurse/nurse educator serves as a teacher and the client/junior nurse is being a learner. In situation A, there is neither teaching nor learning occurred and obviously this is really undesirable. However, the most undesirable one should be situation C, where there is teaching but nil learning noted. Situation B is reasonable since teaching has resulted in learning. Situation D can be the most desirable since learning has occurred even without teaching. The learning can happen because of self-directed learning, or transferred learning, where one can apply previous learning to the current situation. As educators, when we inspire the learners and help them continue to grow even without our physical presence, that is, we can make a substantive impact on another person's lives!

The crux of matter of education is about *growth*. The HKCERN encourages all nurses to help our clients and younger generation of nurses grow. We welcome all colleagues who share the same mission as our HKCERN to join us or to work together to make nurses or nursing grow with better health, as well as stronger life!

Prof Frances Wong RN, PhD, FAAN, FHKAN (Education & Research)

President, HKCERN

Logo meaning



Leaves in big and small sizes embody the relationship between mentor and mentee, respectively, for delivering knowledge, experiences and values of nursing from one generation to another.

The lower part is thick, firm and strong, representing the nurture of the new generation of nurses to grow tall and strong.

The green color signifies life, with the darker green representing the veteran and the lighter green indicating the upcoming generation.

The book represents the nursing scholarship and evidence base built on education and research.

Editorial board

Prof. Wai Tong CHIEN

Dr. Winnie KW SO

Prof. Frances WONG



First Annual General Meeting and Scientific Meeting (31 August 2013)

In celebration of the 1st anniversary, the HKCERN hosted a scientific meeting and luncheon on 31 August 2013 at staff club restaurant, The Hong Kong Polytechnic University. About 100 HKCERN Fellows and nursing colleagues joined the scientific meeting and luncheon.

In the beginning of the scientific meeting, the Undersecretary, Food and Health Bureau, Professor Sophia Chan, and President of the Provisional Hong Kong Academy of Nursing, Dr. Susie Lum, delivered congratulatory remarks to our Fellows. Prof. Chan shared with the Fellows about the current trends of healthcare policy

development in Hong Kong and how nurses could take proactive roles in the policy development. Dr. Susie Lum shared her happiness of receiving the Nightingale Award, and in fact, she stressed that this award was to recognize all the hard work and commitment of all the PHKAN Council members.



The two speakers of the scientific meeting were Dr. Rebecca L.S. Lee and Miss Nicole L.T. Leung.



Dr. Lee is the founder of the Polar Museum Foundation and the topic of her presentation was: 'Global and Personal Health'. She shared with the audiences about her personal and professional development over the past 60 years and her adventure in the South and North Poles, as well as the impact of global warming and radiation leaking into the natural ecological environment.

Miss Leung has currently been an outstanding Bachelor of Nursing student at The Hong Kong Polytechnic University. She shared with us how did she cope with all kinds of difficulties in her critically ill condition. Most audiences were touched by her real-life personal experiences.

The scientific meeting was followed by the Annual General Meeting, and then the luncheon. Participants enjoyed the luncheon with the warmest chatting.



World Health Day—Health Carnival

The Provisional Hong Kong Academy of Nursing and its 14 Academic Colleges had participated in the World Health Day this year on 6th April 2013 through health promotion and educational activities to the general public. The theme for this year's World Health Day was "Hypertension".

There were a total of 31 booths; many Academy College fellows, nurses and nursing students arrived at the carnival located at Southern Centre in Wan Chai and set up the booths at 7:00 am. They worked very hard to run the booths throughout the carnival until 5:00 pm.

The general public was provided with a "Health passport" on arrival, and taking part in a wide variety of activities and games at the booths. They played the games and collected stamps from these booths, by which they could exchange for souvenirs. The general public was very satisfied with the event and complimented on the wonderful work and events provided by all colleagues there.

The HKCERN was responsible for two booths, which aimed to educate the general public about the health consequences of hypertension and high health risks in relation to hypertension and smoking. Council members Mr. Joseph Kwan, Ms. Sally Lo and Dr. Mak Yim Wah, together with nursing students from The Hong Kong Polytechnic University, Grantham Hospital and Prince of Wales Hospital and nurses from Grantham Hospital, provided blood pressure measurement for the general public. Those detected with abnormal blood pressure were provided with health counseling by the nurses and students.

All participants were assessed on their smoking status and history and those who expressed wishes to quit smoking were also provided with counseling on smoking cessation. A total of more than 750 participants visited our two booths and eight smokers were identified while three of them received our counseling.

Serving staff in this event from The Hong Kong Polytechnic University, the Hong Kong College of Education and Research in Nursing (HKCERN), and the Hong Kong Society for Nursing Education (HKSNE), included:

Mr. Joseph Kwan (HKCERN);

Ms. Sally Lo (HKCERN);

Dr Mak Yim Wah (PolyU, HKSNE, HKCERN);

Dr Vico Chiang (PolyU, HKSNE);

Dr Justina Liu (PolyU);

Mr Matthew Lee (PolyU—smoking cessation counselor);

3 ENs from GH; 18 PolyU students, and 4 PNs from PWH.

Platform guests and guests of honor included:

Dr Susie Lum (President, PHKAN)

Dr Leong Che Hung (Patron, PHKAN; Member; Executive Council)

Dr Ko Wing Man (Secretary for Food and Health, Food and Health Bureau, HKSAR)

Prof. Sophia Chan (Under Secretary for Food and Health, Food and Health Bureau, HKSAR)

Dr Hon. Lee Kok Long, Joseph (Member, Legislative Council (Functional Constituency – Health Services); Advisor; PHKAN)

Dr Chan Hon Yee, Constance (Director of Health, Department of Health, HKSAR; Advisor, PHKAN)

Mr. Cheung Wai Lun (Clinical Services Director, Hospital Authority; Advisor, PHKAN)

Mr. Suen Kai Cheong (Chairman, Wan Chai District Council)

Dr Esther Wong (Chairman, P&PR Committee, PHKAN)

Dr Leung Ka Lau (Member, Legislative Council (Functional Constituency – medical))

Report prepared by Dr Mak Yim-wah



Reflection on the World Health Day

The Provisional Hong Kong Academy of Nursing (PHKAN) is an organization consisting of 14 specialty academy colleges; one of which is the Hong Kong College of Education and Research in Nursing (HKCERN). The PHKAN holds various activities to raise the professional standards of nursing and provides best possible services to the public. The Health Carnival is one of the highlighted events held by the PHKAN each year. Honorably, I got such an opportunity to participate in this event by serving at the booths run by the HKCERN with my teammates, supervised by Dr. Mak Yim Wah. The Health Carnival was held on 6th April in Southern Centre with a theme of “Hypertension”. While the 14 Academy Colleges presented different topics, our team worked on the inter-relationships between smoking and hypertension.

This was the first time for us to deliver the activities in relation to primary health care. I was quite anxious and excited, especially when I knew that most booth holders were registered and enrolled nurses. We were not so experienced as those nurses, thus urging us to put more efforts and better prepare for the events. Educating the public about hypertension likely resulting from smoking was our target. To convince others, we should first be knowledgeable about the topic and its current evidences so as to properly and correctly answer questions from the visitors. Therefore, we reviewed literature and discussed about the findings among the teammates.

In addition, effective communication skills are important to convey messages for health promotion. Different levels of language and expressions should be used for visitors with different ages. As most visitors were elderly people and children, we decided to use games and attractive artworks to deliver our health messages with joyfulness and enjoyment. To further encourage their active participation, we also delivered to them some souvenirs provided by the Hong Kong Council on Smoking and Health. The booth was run smoothly and many visitors enjoyed our games during the carnival.

On the other hand, the reality was somehow different from our expectations; we met several challenges during the event. The booth could not be set properly as planned due to heavy rain and strong wind. In addition, the games appeared to be more difficult than we thought, especially for those who had difficulty in reading. The workflow was unexpectedly heavy-loaded by a large number of visitors. With such co-operative team, all these barriers were duly overcome.

Through working in the Health Carnival, we learned a lot from it. We have learned how to organize and manage time well and cooperate with teammates, event organizers and helpers. We had also spent spare time at other booths to learn more about hypertension and most importantly, those innovations and strategies in health promotion offered by the experienced nurses. We were very enjoyable and excited during the event as we were fully responsible to provide health information for the general public. As a nurse learner, we were grateful to be able to serve others.

Tong Jing Yee, Shirley

(The third person from left, back row in 2nd photo)

*The Second year student in Bachelor of
Science (Hons) in Nursing*

The Hong Kong Polytechnic University



Activities' Highlights

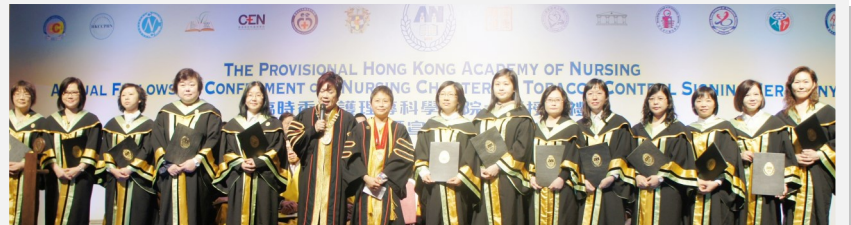


Macau Conference (27-28 April 2013)

The seminar “The Practice and Development of Professional Nursing 專科護理實踐與發展 ” was organized by the Department of Nursing of Hospital Conde S. Januário.

2nd Fellowship conferment and IND dinner (4 May 2013)

The second fellowship conferment was held at Kowloon Bay International Trade and Exhibition Centre. There were a total of 20 Fellows conferred and joined the family of the HKCERN. The conferment was followed by the International Nurses Day dinner.



List of new Fellows of the Hong Kong College of Education and Research in Nursing in 2013



- CHUNG Pui Man, Betty
- HUI Choi Wai Hing
- HUI Gladys
- HUNG Chi Chiu, Stephen
- HUNG Shuk Yu, Maria
- LEE Fung Kam, Iris



- CHAN Po Tai, Noel
- CHAN Wai Kiu, Aileen
- CHANG Ka Pik, Katherine
- CHAU Pak Chun, Janita
- CHEUNG Sau Chun, Sarah
- CHONG Yuen Chun, Samantha
- CHOW Mei Kuen



- LEE Yin King
- SIU Lai Sheung, Katherine
- SUEN Kwai Ping, Lorna
- TARRANT Marie Agnes
- WONG Kit Yee, Irene
- WU Lai Har
- YEUNG Kin Keung, Frederick



National Day Dinner (27 September 2013)

HKCERN Council members and Fellows celebrated the National Day of P.R. China in the year of 2013 and enjoyed the dinner for health care professionals.



Prof Sally Chan Awarded the Sigma Theta Tau International's (STTI) International Nurse Researcher Hall of Fame (22-26 July 2013)

Congratulations to Prof. Sally Chan! She was awarded the Sigma Theta Tau International's (STTI) International Nurse Researcher Hall of Fame at STTI's 24th International Nursing Research Congress in Prague, Czech Republic, 22-26 July 2013.

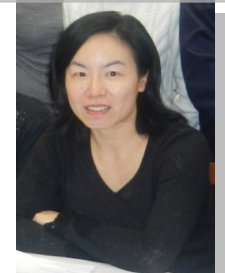
Dr Susie Lum received Nightingale award (24 August 2013)

Congratulations to Dr. Susie Lum on receiving the 44th Nightingale medal together with other 5 nurses from Mainland China at the Great Hall in Beijing.



Congratulations on promotion!

Ms. Angela Cheung (right) and Ms. Wun-luen Cheung (left) have been promoted to Senior Nursing Officer in United Christian Hospital and Hospital Authority Head Office.

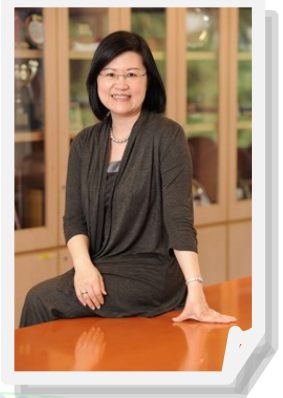


Fellows take up a consultation role and influences policy making



Prof Frances Wong (left) has been invited by the government to be a working group member on Defining High-Risk Medical Procedures/Practices Performed in an Ambulatory Setting

Prof. Diana Lee (right) has been appointed to be the board member of Hospital Authority, Hong Kong in December 2012. Prof Lee is also a member of the AIDS Council, AIDS Trust Fund, Nursing Council and Health and Medical Development Advisory Committee.



HKCERN has been granted as a Continuing Nursing Education (CNE) provider for the period from 2013 to 2016!

Upcoming Events

A nursing research course on "Approaches to Research Excellence: Interactive Dialogue with Experts in Nursing research" jointly organized by the HKCERN and Hong Kong Society for Nursing Education Limited is going to be held on eight Mondays or Saturdays (3 hours each session) between September and December 2013. Prominent nurse researchers in Hong Kong will share their research program using the research methods adopted in their studies as exemplars. (Please see the attached flyer for details)

A three-day educational course for current and potential nurse educators and mentors has been proposed to the IANS, Hospital Authority, entitled "Enhancing of teaching and learning in nursing specialty program", which aims at enhancing the competence of nurses engaged in a teaching/mentoring role in nursing specialty programs so as to maximize teaching and learning effects. We will keep you informed about the commencement of this course.

HKCERN

would like to hear from Fellows!

If you have any news or anything that you're just proud of, why don't you let HKCERN know and we may feature it in an upcoming HKCERN newsletter

Please contact us at

hkcern@gmail.com

The Provisional Hong Kong Academy of Nursing and the co - organizers (College of Nursing, Hong Kong and the World Health Organization Collaborating Centre for Community Health Services at the Hong Kong Polytechnic University) have been selected as the host for the 2016 ICN Nurse Practitioner-Advanced Practice Nursing (INP/APN) Network Conference.



**Hong Kong College of Education &
Research in Nursing
Academy Fellow Membership
under the Grandfathering Scheme of
The Provisional Hong Kong Academy of Nursing
Application Form**



I. Personal Particulars

* Please type or complete the form in BLOCK LETTERS and circle as appropriate

Title:* Ms /Mr /Mrs /Dr/Prof Surname: _____ Given Name: _____

Name in Chinese: _____ Sex * F / M

Job Title: _____

Present Working Place/Area: _____

HK ID No.: _____ (Please enter the first 4 alpha-numeric characters e.g.A123)

Correspondence Address : _____

Contact : Mobile Phone No.: _____ Office Tel. No.: _____
Email Address: _____

Registration No. of Registered Nurse / Midwives Certificate Issued by Nursing Council: _____

Expiry Date of Practising Certificate: _____ (DD/MM/YY)

II. Academic and Professional Qualifications

(The following entries should be written in descending chronological order)

| | Course / Program Title | Training Institution / Country | Qualification Obtained / Year |
|---|------------------------|--------------------------------|-------------------------------|
| A. Nursing related Academic & Professional Qualifications | 1. | | |
| | 2. | | |
| | 3. | | |
| B. Related Specialty Training | 1. | | |
| | 2. | | |
| | 3. | | |

III. Post-registration Working Experience in Nursing Relevant to Application

(The following entries should be written in descending chronological order)

| Position | Specialty / Department | Working Institution / Hospital | Period |
|----------|------------------------|--------------------------------|--------|
| 1. | | | |
| 2. | | | |
| 3. | | | |
| 4. | | | |

IV. Significant Contributions to Nursing Profession (3 most significant ones maximum)

A. *In leadership position of specialty-related activities e.g. in-charge of service or project, or leaders of clinical teams*

| Position | Activity Title | Period / Year |
|----------|----------------|---------------|
| 1. | | |
| 2. | | |
| 3. | | |

B. *Invited member in local, national and/or international initiatives e.g. Council Member; invited member of conference / seminar Organizing committee or invited panel member of professional bodies.*

| Position | Activity Title | Period / Year |
|----------|----------------|---------------|
| 1. | | |
| 2. | | |
| 3. | | |

C. *Demonstrated contributions in nursing practice and service development e.g. being a specialty mentor, speaker, facilitator, moderator, coordinator or organizer in specialty related training and development programs; or paper submission on innovative nursing practice*

| Position | Activity Title | Period / Year |
|----------|----------------|---------------|
| 1. | | |
| 2. | | |
| 3. | | |

D. Others

SUPPORTIVE DOCUMENTS

I enclose the following documents to support my application:

- (1) copy of Registered Nurse / Midwife certificate from Nursing Council of Hong Kong
- (2) copy of valid registered nurse practicing certificate
- (3) copy of the certificate of the highest academic qualification
- (4) copy or copies of specialty nursing related certificate(s)
- (5) copy or copies of curriculum vitae
- (6) a cross cheque HK \$100 for application fee (non-refundable) made payable to
"Hong Kong College of Education & Research in Nursing Limited"; and
- (7) others: _____

Membership fee: HK \$ 2000 annually

**Please send all of the above documents and cheque to the PO Box before 1 Nov 2013
(Attn: HKCERN, PO Box 71393, Kowloon Central Post Office, Yau Ma Tei, Kowloon)**

Email: hkcern@gmail.com

DECLARATION

1. I hereby declare that I agree to provide the above information to the Provisional Hong Kong Academy of Nursing Ltd. and the information provided in support of this application is accurate to this date.
2. I understand that the information provided herewith will be forwarded to the Provisional Hong Kong Academy of Nursing Ltd. for processing my fellow membership application.
3. I understand that it is my responsibility to inform the College for any change in the above information, such as place of work, correspondence address and additional related qualification(s), etc. The College will not have to be responsible for any issues arise as a result of my failure to inform.

Signature of Applicant

Date

Referee (Professionally Affiliated)

Name

Position

Hospital / Institution

Email Address

Your name will be included in the Fellow registry within the period until 31 March 2015 upon the successful Fellow Membership Application.



Hong Kong College of Education & Research in Nursing Academy Fellow Membership under the Grandfathering Scheme of The Provisional Hong Kong Academy of Nursing

The objects for which the College established are:

- (a) to promote the advancement of nursing education and research;
- (b) to promote excellence in nursing and health care in Hong Kong through regulating standards and practice of nursing education and research;
- (c) to promote integrity, ethical conduct and standards in the practice of nursing education and research;
- (d) to promote the improvement of health care for Hong Kong citizens through nursing education and research;
- (e) to foster the development of education and research in different nursing specialties; and
- (f) to foster a spirit of collaboration and exchange of information and ideas in education and research among nursing and healthcare practitioners.

Criteria for Fellowship:

- * The person must hold a RN/RMN/midwife registration that is valid to practice in Hong Kong at the time of application;
- * *Must have accumulative 15 years of experiences related to, and with current 5 years practicing in, education and/or research in nursing. Number of years will be counted according to the job nature.*
- * Related to education and/or research. Number of years will be counted according to their job nature, such as mentor in clinical settings
- * Demonstrate contributions in the specialty area(s) with documentation proof, the documentation may include appointment letter, indicative registry for educators, assessor registry in Nursing Council, and the like;
- * Evidences of significant contributions, such as publications in education and/or research, awards, in the capacity of leadership such as chairperson, coordinator, facilitator, working groups of NCHK or equivalent, and invited speakers in the field (substantiation with objective proof, reference).

Membership fee: HK \$2000 annually



The Hong Kong College of Education and Research in Nursing



In collaboration with

HONG KONG SOCIETY FOR NURSING EDUCATION LIMITED

Approaches to Research Excellence:

Interactive Dialogue with Experts in Nursing Research

Course description and format:

Prominent nurse researchers in Hong Kong will share their research program using the research methods adopted in their studies as exemplars. Each session will be followed by a workshop to help learners to obtain hand on experience of the specific research method (learners may bring in their own research for workshop discussion when appropriate).

Speakers:

Fellows of the Hong Kong College of Education and Research in Nursing (HKCERN)

Prof Carmen Chan-Yip, Prof Wai Tong Chien, Prof Claudia Lai, Prof Dianna Lee, Prof Alice Yuen Loke, Prof Esther Mok, Prof Agnes Tiwari, Prof Frances Wong.

Target audience: Fellows and potential fellows of all Colleges of Provisional Hong Kong Academy of Nursing (PHKAN) will be given the priority; all others emerging nurse clinicians and academics are also welcome.

Date:
16, 23 September 2013
21, 28 October 2013
16, 23 November 2013
14,21 December 2013

Time & Venue: September and October Mondays from 6pm – 9pm
Venue: lecture hall G08 Queen Elizabeth Hospital

November and December Saturdays from 10am-1pm
Venue: lecture hall 138 Queen Elizabeth Hospital

Fee: Single session: HK\$350 (AN fellow); HK\$420 (non-fellow)
Registered for more than 5 sessions:
each session: 320 (fellow); HK390
Full course: HK\$2300; HK\$3000
Post-graduate student discount: HK300 per session
[Registration fee paid for this course is not refundable.]

Capacity: 30, min of 20
Session /course will be cancelled if registration number does not meet the minimum requirements. Fee paid for cancelled session by HKCERN will be refunded.

Language media: English

Awards: A Certificate of Attendance with CNE will be issued by HKCERN and HKSNE for each session's attendance (3 CNE points per each session)

| Date | Programme: Topics | Speaker | Research workshop |
|--|--|-------------------------------|--------------------------------------|
| Women's and Family Health | | | |
| Sept 16 Monday | Violence prevention in Chinese community | Prof Agnes Tiwari HKU | Intervention development and testing |
| Sept 23 Monday | Women's health in her lifespan: from adolescents, adulthood to matured age | Prof Alice Yuen Loke PolyU | Community survey & systematic review |
| Elderly Care | | | |
| Oct 21 Monday | Adjusting to residential care home placement: A grounded theory study of Chinese elders | Prof Dianna Lee CUHK | Grounded theory |
| Oct 28 Monday | Developing evidence-based interventions for the care of people with dementia | Prof Claudia Lai PolyU | Protocol development |
| Palliative Care | | | |
| Nov 16 Saturday | Health care professionals' perspective of hope and existential distress in palliative care setting | Prof Esther Mok PolyU | Hermeneutic approach |
| Nov 23 Saturday | The contributions of process evaluation of a psychoeducational intervention in patients receiving palliative cancer care | Prof Carmen Chan-Yip CUHK | Mixed method |
| Transitional Care and Mental Health | | | |
| Dec 14 Saturday | Positioning nursing in transitional care: program design, nurse competence & outcomes | Prof Frances Wong PolyU | Randomized controlled trial |
| Dec 21 Saturday | Effects of mutual support groups for families of people with schizophrenia | Prof Wai Tong Chien PolyU | Randomized controlled trial |

Please send the completed Registration Form with a crossed cheque payable to **The Hong Kong College of Education and Research in Nursing Ltd** via: **PO Box 71393, Kowloon Central Post Office, Yau Ma Tei, Kowloon** by the following deadlines.

Full course – ~~31 August 2013~~ 13 September 2013

September and October sessions: ~~31 August 2013~~ 13 September 2013

November and December sessions: 31 Oct 2013

Confirmation will be made by post or other applicable means. **Please note that the course will be run subject to the minimum required number of 20 applicants. No refund of payment will be made after the deadline.**

Enquires: Please call Ms Mavis Tsui at 64222437 or Ms Melody Lam at 61444764 email: hkcernreg@gmail.com

REGISTRATION FORM

Approaches to Research Excellence: interactive dialogue with Experts in Nursing Research
Organized by the HKCERN and HKSNE

Name: *Ms / Mr / Dr / Prof* _____

Tel _____ Email _____

Institute & Unit _____ Position _____

Non-fellow

Existing Fellow

Name of the Academy College you belong _____)

Registered for: **Full course**

Session: Sept 16,

Oct 21,

Nov 16,

Dec 14,

Sept 23

Oct 28

Nov 23.

Dec 21.

| Total fee: | Fellow | Non-fellow | Total |
|---|---------------|---------------|-------|
| <input type="checkbox"/> Full course | HK\$2300 | HK\$3000 | |
| One to Four session(s) Session Fee X (number of session) | HK\$350 x () | HK\$420 x () | |
| Five to seven sessions Session fee x (number of session) | HK\$320 x () | HK\$390 x () | |
| Post-graduate Student registration Current study programme: _____ | NA | HK\$300 x () | |

Date: _____ Enclosed Cheque: Amount HK\$ _____ No. _____

Bank _____