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Vice President's message Dr William LI



What Are the Impacts of Nursing Research and Education?

This year, we celebrate the 7th anniversary of the founding of the Hong Kong College of Education and Research in Nursing (HKCERN). I am honored and privileged to contribute to the latest issue of the College's newsletter. One of the most significant missions of the HKCERN is the promotion of improved health care for Hong Kong citizens through nursing research and education. As the Vice President of the HKCERN, I would like to take this opportunity to share the impacts of nursing research and education on the well-being of our citizens. Specifically, I would like to explore the evidence indicating that the promotion of nursing research and education has contributed to improving the quality of care and patient outcomes.

The impact of nursing research

Research is a scientific and systematic approach to answering questions or solving problems. Undoubtedly, the ultimate goal of nursing research is the generation of new knowledge or evidence intended to guide nursing practice and improve the quality of care and patient outcomes.

Editorial board: Ms Sally Lo, Dr Angel Lee, Dr Theresa Lai

The increasing funding support for research projects in Hong Kong led us to dream and anticipate calls for rapid actions to improve the quality of care and patient outcomes. Unfortunately, in reality, we are increasingly concerned that the evidence generated from research over the past decades has not been translated efficiently into improvements in the quality of care and patient outcomes. Apparently, many researchers regard the publication or dissemination of findings as the end point of research. However, this stage has a very limited impact on health improvements. Researchers should demonstrate the benefits of their research-based evidence and the potentially significance effects on policy, changes in practice, cost savings and health gains. This dissemination would encourage the generation of guidelines intended to help healthcare professionals to utilize research findings in clinical practice; in other words, evidence-based practice.

The impact of nursing education

Currently, the majority of registered nurse education in Hong Kong have been transferred successfully from hospital-based to tertiary institutions. However, examinations of current university-based nursing education have largely focused on strategies for improving entry-level qualifications and attracting more young people to the nursing profession, with an emphasis on using new technologies in innovative teaching and learning strategies. Our efforts are intended to help the new generation of nurses achieve academic and clinical excellence. We may have forgotten that the fundamental goals of education are to help young people to grow, learn about themselves, search for a larger purpose in their lives, and most importantly, become adults who are willing and able to take responsibility for society. Many people continue to question the need to conduct nursing education in universities. Some have even wondered whether high-quality primary nursing education can be translated directly into effective nursing practice, thus improving quality of care and patient outcomes.

I recall a seminar given last year by Professor Ian Norman, the Executive Dean of the Florence Nightingale Faculty of Nursing at King's College London. Ian's talk was immensely enlightening, he shared an inspiring example on how the impacts of research and education could contribute to improvements in the quality of care and patient outcomes.



In his seminar, Ian shared that he once heard a professor in medicine openly claimed in a speech that he did not see a reason why a nurse would require a university degree. However, upon meeting this same professor again a few years later, the professor had undergone a dramatic change of view regarding the need for tertiary nursing education. The professor explained that he changed his view after he read a research article in *The Lancet* in 2014 [1] about nurse staffing and education and hospital mortality conducted in 300 hospitals in nine European countries. This paper indicated that the employment of sufficient number of well-educated nurses in acute care areas can reduce the risk of patient mortality.¹ Additionally, the evidence suggested that advanced and specialist nurses and physicians provide equally safe care to patients with chronic diseases, while the former are at least as effective as physicians in primary care management.

Nursing is an integral component of healthcare services and thus could have a wide and enduring impact. We must provide more evidence about the impacts of nursing research and education in terms of improving the quality of care and patient outcomes. Additionally, more efforts should be made to nurture our new generation of nurses, particularly through cultivating a humanitarian approach to nursing education. Most importantly, we must nurture our new generation of nurses to help them develop personal strength, integrity, kindness, cooperation and compassion. This nurturing will equip and empower these nurses to make the world a better place.

This year, the HKCERN organized a Foundational Educational course for Nurse Educators, which will be followed by an Evidence-Based Practice course. We anticipate that these two courses will enhance the participants' knowledge, understanding and application of pedagogical theories and the evidence supporting improved practice in teaching and learning. Additionally, these courses will provide greater insights into the impact of nursing research and education on enhancements in the quality of care and patient outcomes.

Reference

[1]. Aiken et al., 2014. Nurse staffing and education and hospital mortality in nine European countries: a retrospective observational study. *The Lancet*, 383(9931), pp.1824–1830.



Activities and Highlights

**HKAN Strategic Planning Workshop
12 January 2019 (Saturday)
Venue: P.I.M.E House at
Clearwater Bay Road Sai Kung**

The theme for the strategic workshop was “Regulation of Advanced and Specialized Nursing Practice –Will HKAN and HKAN Academy Colleges be there?” President Prof. Alice Loke, Council Member Dr. Lorna Suen and Earned Fellow Dr. Chow Ka Ming represented HKCERN and joined the discussion.



Activities and Highlights

**HKAN Young Fellow Chapter (YFC) meeting with
Prof. Sophia CHAN
26 January 2019
Venue: Central Government Office**



Dr. Julia WONG and Ms. Maggie CHEUNG represented HKCERN to join the meeting

**HKAN Fund Raising Program:
Chinese Opera “帝女花”
10 March 2019 (Saturday)
Venue : 新光戲院大劇場**



Our Vice President
Prof. Agnes TIWARI as the
Empress (middle)



HKAN fund raising program, the Chinese Opera 帝女花 played by the Fellows of HKAN (Cardiac), Mrs. Cynthia HUIE-ROSE gave a successful performance and HK\$800,080.36 was raised. A BIG Applause!

Professional Development Activity and Highlights

Foundational Education Course for Nurse Educators April-June 2019



More than 70 participants enrolled this free-of-charge course which is taught by our Fellows to enhance nurse educators' knowledge, skills and applying educational theories and to update evidence for improving teaching and learning.

CONGRATULATIONS

Welcome to the three Ordinary Members
admitted to HKCERN by HKAN in Oct 2018

LAM Ching 林清
LAU Lai Yee 劉麗兒
WONG Kwan Ching 王鈞正

Welcome our five new Fellows of HKCERN
admitted by HKAN in May 2019

LO Wai Sze 盧慧詩
TANG Wing Ki 鄧穎琪
LAM Ching 林清
LAU Lai Yee 劉麗兒
WONG Kwan Ching 王鈞正



Five new Fellows were conferred by
President of HKCERN (Prof. Alice Loke) and
President of HKAN (Prof. Frances Wong)

Updated membership in 2019:
106 Fellows; 3 Full Members, & 18 Associate Members
have renewed their Fellowship/membership with HKCERN.



Fellowship Conferment 11 May 2019



The HKAN Fellowship Conferment was held on 11 May 2019 at Jockey Club Auditorium, The Hong Kong Polytechnic University.

Ms. STOKER Fiona, Chief Executive Officer, Australian Nursing and Midwifery Accreditation Council presented the keynote speech "The ANMAC's role in the Regulation of Advanced Nursing Practice in Australia "

In the evening on the same day, the International Nurses' Day celebration was held at the Rotunda 3, 6/F, Kowloon Bay International Trade & Exhibition Centre, Kowloon Bay, Kowloon. The theme for the IND celebration was "A Voice to Lead – Health for All ".

Activities and Highlights

International Nurses Day Ceremony 11 May 2019





**Briefing for
Membership Exam
4 May 2019**



Upcoming Events

Examination Progress

14 Jun 2019 - Deadline for application of Membership Examination

17 Aug 2019 - Examination for Ordinary Membership

Dec 2019 - Examination for Fellowship

Aug to Sept 2019 – Evidence-based Nursing Practice Course

AGM on 15 Feb 2020

***Please mark your calendars and save the date to attend.
More information will soon be announced.***

If you have any news or anything that you would like to share with other Fellows, please let us know. We can feature it in the upcoming HKCERN newsletter!

Please contact us at: hkcern@gmail.com